

OUTDOOR LEADERSHIP LAB
GEAR LIST
OLL Sampler

Comfortable shorts, pants, shirts, overshirts/jackets for outdoor activities.

Sturdy shoes/boots suitable for backpacking and climbing.

Lightweight shoes/sandals.

2 pair of wool hiking or trekking socks. (Backpacking shops or large sporting goods stores should be able to help you with these.)

1 polypropylene or wool sweater or fleece jacket

1 ball cap or brimmed hat

1 stocking hat and gloves

Raingear – parka or poncho (rainpants optional)

Swimsuit and extra towel

2 large bandanas

Small towel

Frisbee

Small, lightweight light (flashlight, headlamp, etc.) and extra batteries

Pocketknife or multi-tool

3 season sleeping bag and stuff sack

Water bottle(s)

10' length of rope (for tying knots)

Optional

Climbing helmet, shoes, harness

Backpack, personal tent

Sunscreen, sunglasses, camera. GPS, compass, anything else that seems cool.

NOTE: Weather in North and South Carolina is very unpredictable this time of year, so come prepared. Before arrival, please mark all personal gear for easy identification.